



## TEAM ARMY BIO

Retired Specialist Brent Garlic served in the U.S. Army for two years before a life-altering incident that he describes with the surreal imagery of an 'alien abduction'. His memories of the day before the incident are faint, and he has no recollection of the accident itself. Awakening from a coma days later, Brent found himself in a drastically changed world—his new reality marked by a significant loss of mobility.

Four years post-injury, Brent discovered the transformative power of adaptive sports. Initially shrouded in doubt and aimlessness, he found renewed purpose and connection. The adaptive sports community introduced him to thousands of peers navigating similar challenges, fostering a sense of solidarity and resilience.

The Warrior Games marked a pinnacle in Brent's journey. Orchestrated by the Department of Defense, the Games synergized adaptive sports with the camaraderie of service, enabling veterans and active military personnel from across the nation to connect and grow together. If not for the encouragement of retired Staff Sergeant Robert Jones from Atlanta, Georgia, Brent might never have encountered these pivotal military programs.

Brent lives by the mantra: "Nothing ever gets done by being weak."



Full Name

**Brent Garlic**

Preferred Name

**Brent**

Rank/Abbreviation

**Specialist/SPC**

Service Branch

**Veteran**

Injury or Illness

**T-12 Paraplegic**

Hometown (City, State)

**Vineland, NJ**

Current Location/SRU

**Atlanta, GA**

## MEDIA CONTACT

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